

# CAFÉ

## CONNECT

Free of charge

Dalkeith Arts Centre



- Thurs 05/03/26 - 2pm to 3.30 p.m.
- Thurs 02/04/26 - 2pm to 3.30pm
- Thurs 07/05/26 - 2pm to 3.30pm
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All  
welcome

Meet or make  
friends and  
share a blether

Link in with Forward Mid  
(Supported by LAC, Enable  
Scotland)



Forward Mid is a group of  
active, purposeful,  
energised, skilled Disabled  
People working effectively  
with a team approach