

Artlink



THE MAKERS



Photo: Tom Nolan

# MAKE YOUR MOVEMENT

WITH

Saoirse Amira Anis

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with **Saoirse Amira Anis**

## WHAT?

Come and make your own costume to reflect how you feel and want to be seen.

You will transform into your alter ego - are you an animal, a mythical creature or something else?

During the workshops we will do movement exercises to find the ways our bodies most enjoy moving, before making costumes to wear that best reflect those movements and creating stories or worlds for our creations to live in.

Through this transformation we will imagine alternative ways of moving that make us feel most ourselves and define who we are at heart.



Photo: Erika Stevenson

## WHEN?

Tuesdays

10am-12pm

April 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

May 7<sup>th</sup>, 14<sup>th</sup>

## WHERE?

The Beacon

Hunterfield Road

Gorebridge

EH23 4TT

8 places available. If you need support, please bring support with you.

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## More info and book in:

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[themakersworkshops.wordpress.com](http://themakersworkshops.wordpress.com)

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